



IDESS Maritime Centre (Subic) Inc.

Safety Seamanship Course

Description:

This course aims to provide knowledge, guidance and skills in safe working practices to those working on board merchant ships.

Objectives;

Trainees who successfully complete this course should be aware of and have had practice in implementing safe working practices in operations that are considered hazardous on board merchant ships.

Course Outline:

- The code of safe working practices for merchant seamen
- Permit to work systems
- Practical aspects of risk assessment, job safety and hazard analysis
- Personal health and safety
- Personal Protective Equipment
- The meaning of safety signs and signals
- Workshop safety, hand and power tool safety
- Safe Means of Access
- Safe rigging and operation of pilot ladders, ladders, gangway and accommodation ladders
- Confined space entry and rescue
- Working aloft at heights and outboard
- Mooring and anchoring operations
- Lifting, rigging and slinging
- Safe lifting, rigging and slinging li>Manual handling operations

Entry Standards:

This course is open to serving seafarers.
Maximum number of participants is twelve.

Duration:

3 day

