



IDESS Maritime Centre (Subic) Inc.

Emergency First Response

Description:

This course is designed to teach the participant how to respond effectively to life threatening situations up until professional help arrives. The course is a blend of knowledge development, skill practice and scenario practice.

Course Outline:

Primary Care Module

- Scene assessment
- Barrier use
- Primary assessment
- Rescue breathing
- One rescuer, Adult CPR
- Conscious / unconscious choking Adult
- Serious bleeding management
- Shock management
- Spinal injury management
- Automated external defibrillator (AED)
- Emergency oxygen use

Secondary Care Module

- Injury assessment
- Illness assessment
- Bandaging
- Splinting for dislocation and fractures

Care for Children Module (optional)

Entry Standards:

This course is open anybody who wishes to attend.
Minimum number of participants is three (3) and the maximum is twelve (12).

Certification:

A certificate of successful completion shall be issued to those participants who successfully complete the course and meet the assessment criteria.

Duration:

1 day