



IDESS Maritime Centre (Subic) Inc.

Basic Training (STCW)

Description:

The course syllabus covers the mandatory minimum requirements prescribed in Regulation VI/1, and Section A-VI/1 of the STCW Convention and Code 1978, as amended.

Objectives:

Trainees who successfully complete the course will be able to demonstrate the required minimum standard of competence set out in the STCW Convention and Code 1978, as amended.:

Table A-VI/1-1 for personal Survival Techniques,
Table A-VI/1-2 for Fire prevention and Fire Fighting,
Table A-VI/1-3 for Elementary First Aid and
Table A-VI/1-4 for personal Safety and Social Responsibilities.

Course Outline:

- Survival at Sea in the event of ship abandonment
 - Types of emergency situations.
 - Training and drills - emergency preparedness - evacuation procedures.
 - Use of equipment in survival craft and rescue boats.
 - personal life-saving appliances - their location and use.
 - principles of survival at sea - actions to take when in water and survival craft.
 - Emergency radio equipment - Helicopter assistance.
- Fire prevention and fire-fighting
 - Shipboard fire-fighting organisation.
 - Theory of fire - types and sources of ignition - fire hazards - spread of fire.
 - Classification of fire and applicable extinguishing systems.
 - Fire detection and alarm systems.
 - Fixed fire-extinguishing systems.
 - Use of portable fire-extinguishing equipment.
 - Use of protective equipment for fire-fighters - fireman's outfit - SCBA.
 - Fire-fighting methods - exercises extinguishing fires, using various types of portable extinguishers and water, using jet/spray nozzles.
- Elementary First Aid
 - General principles - assessment of casualties and threats to own safety.

- Body structure and functions.
- positioning of casualty.
- The unconscious casualty - resuscitation.
- Bleeding and wounds.
- Management of shock.
- Burns and scalds.
- Rescue and transport of casualties.
- Bandages and use of first aid emergency kit.
- Safe working practices.
- precautions to prevent pollution of the marine environment.
- Understanding orders and being understood in relation to shipboard duties.
- Contributing to effective human relationships on board ships.

Entry Standards:

This course is open to both prospective and serving seafarers. They should be certified to be in good health.

Duration:

8 days